

Neon Tommy Submission Guidelines for iMovie

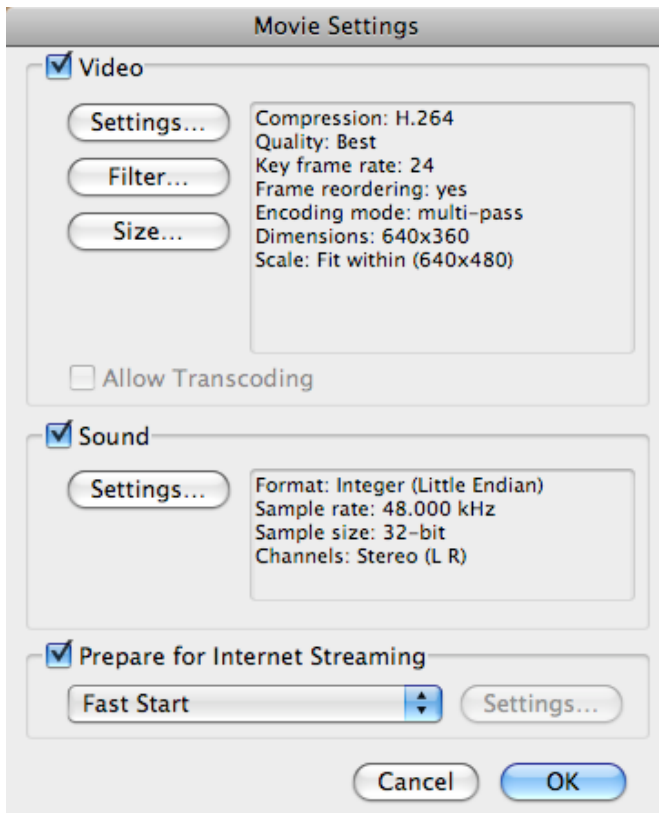
A Quicktime .MOV file will be accepted if video shot digitally with a Flip cam, digital camera, etc. When saving file, be sure to adjust to BEST POSSIBLE QUALITY.

Saving instructions in iMovie:

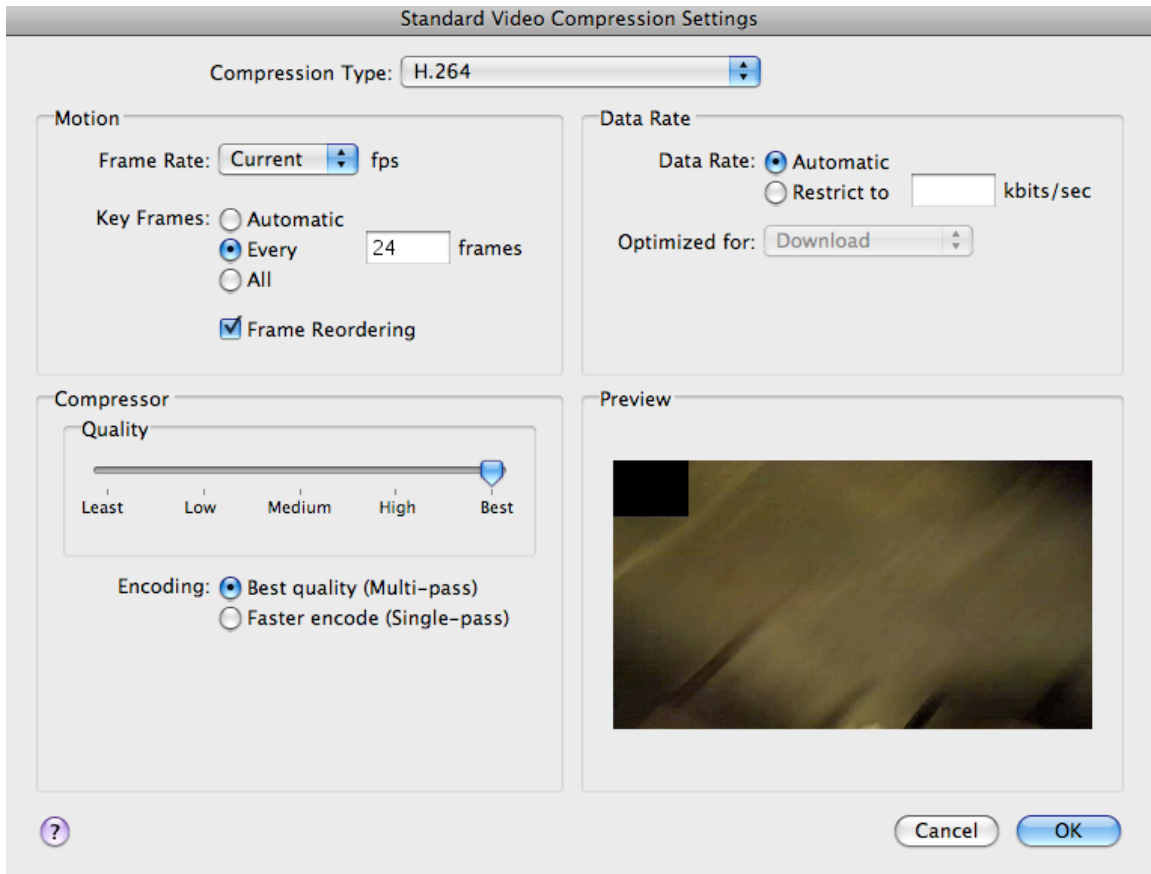
From the top menu:

- Share>
- Export using Quicktime...
- Set file name and destination in top two fields, then:
- Export: Movie to QuickTime Movie
- Click "Options..."

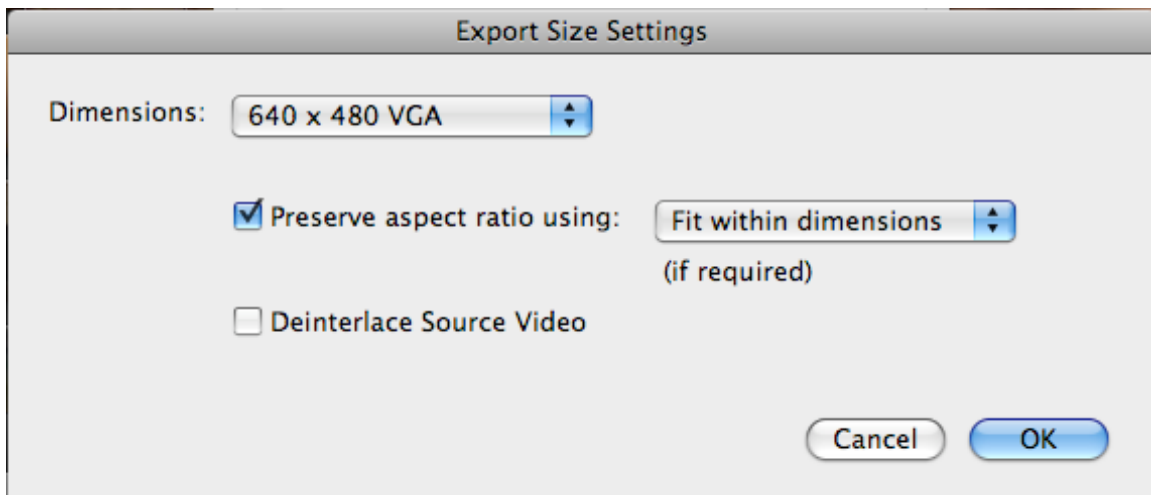
You'll see this:



- Under the VIDEO tab, click "Settings"
- Set the fields as follows:

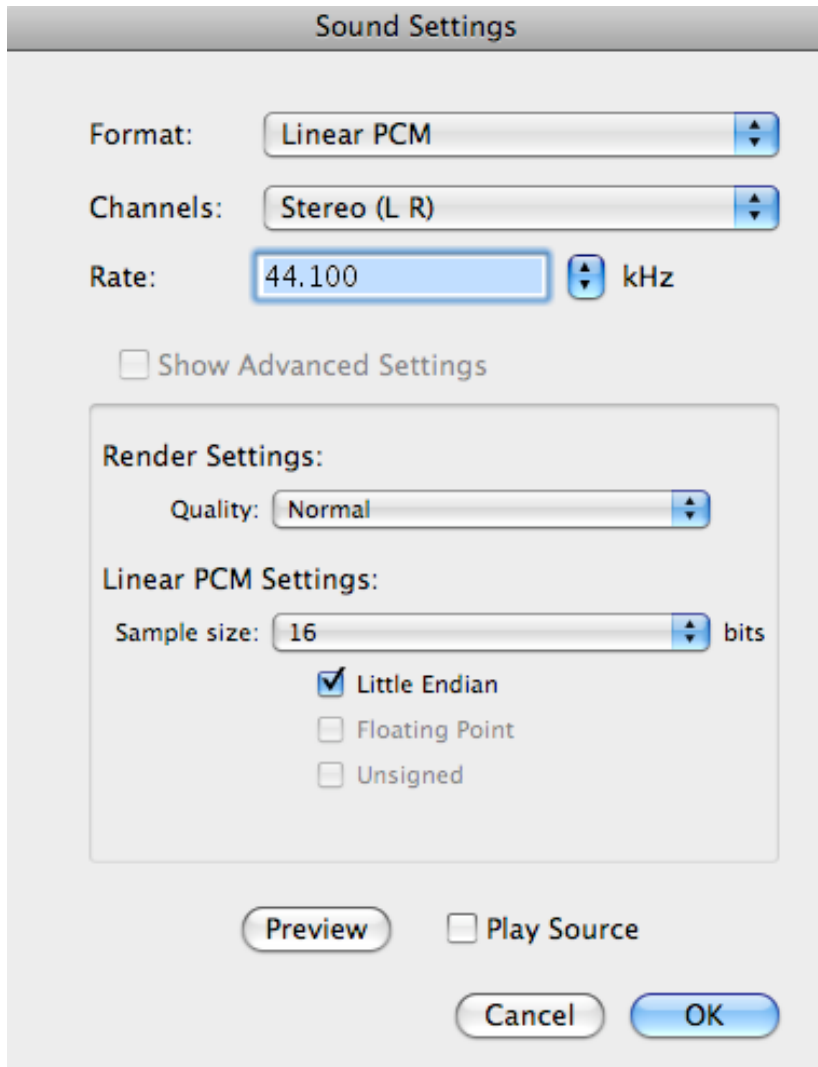


- Click "OK" to return to the above "Movie Settings" menu
- Skip "Filter"
- Click "Size..." and set the fields as follows:



- Click "OK"
- Back in "Movie Settings", click "Settings..." under the SOUND field and

adjust settings as follows:



- Click OK, then OK again from the Movie Settings window.
- Click Save to copy file to set destination.